

# HOLD ME JESUS!

## 1. \_\_\_\_\_ first

Matthew 11:28 "Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light."

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## 2. You are not \_\_\_\_\_.

Galatians 6:2 Bear one another's burdens, and so fulfill the law of Christ.

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## 3. God is \_\_\_\_\_.

Hebrews 13:5b "I will never leave you nor forsake you."

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## 4. God's \_\_\_\_\_.

1 Peter 5:7 casting all your anxieties on him, because he cares for you.

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## 5. Ignore your \_\_\_\_\_.

Romans 8:38 For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, 39 nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

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## 6. Stop \_\_\_\_\_.

Psalm 46:10 "Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!"

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## 7. Trust in the \_\_\_\_\_ of \_\_\_\_\_.

John 14:27 says Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

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## 8. Make \_\_\_\_\_.

Psalm 34:12 What man is there who desires life and loves many days, that he may see good? 13 Keep your tongue from evil and your lips from speaking deceit. Turn away from evil and do good; seek peace and pursue it.

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## 9. \_\_\_\_\_ on to \_\_\_\_\_.

Romans 8:28 And we know that for those who love God all things work together for good, for those who are called according to his purpose.

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## 10. Let \_\_\_\_\_ and let \_\_\_\_\_.

Isaiah 41:10 Fear not, for I am with you; be not dismayed, for I am your God;

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